

Intake of fruits and vegetables

Frequency of fruit intake (percentage)

Sex	Age (years)	Never/rarely	< once per week	Once week	A few times per week	Almost daily	Daily/several times per day	n
Men	18-24	3.7	8.5	12.5	28.4	25.1	21.9	2,088
	25-44	2.9	6.6	8.2	21.3	30.4	30.5	8,654
	45-64	2.2	5.7	6.7	17.3	31.3	36.8	13,730
	65+	2.3	5.7	6.6	17.5	33.6	34.5	6,418
	Total	2.5	6.1	7.5	19.2	31.1	33.5	30,890
Women	18-24	1.1	3.5	4.9	15.8	26.4	48.2	3,613
	25-44	0.7	2.4	2.9	11.2	26.0	56.8	14,874
	45-64	0.7	2.0	2.0	7.4	22.5	65.4	20,221
	65+	0.8	2.4	2.4	9.1	26.6	58.7	6,358
	Total	0.8	2.3	2.6	9.6	24.5	60.2	45,066

Frequency of vegetable intake (percentage)

Sex	Age (years)	Never/rarely	< once per week	Once week	A few times per week	Almost daily	Daily/several times per day	n
Men	18-24	3.7	8.5	12.5	28.4	25.1	21.9	2,088
	25-44	2.9	6.6	8.2	21.3	30.4	30.5	8,654
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	65+	0.8	2.4	2.4	9.1	26.6	58.7	6,358
	Total	0.8	2.3	2.6	9.6	24.5	60.2	45,066

The Danish Health Examination Survey 2007-2008 (DANHES 2007-2008) is one of the largest health examination surveys among the Danish adult population. The survey consisted of a questionnaire (n=76,484) and a health examination (n=18,065). The DANHES 2007-2008 was carried out by the National Institute of Public Health (NIPH), University of Southern Denmark, and was funded by the Ministry of the Interior and Health and the Tryg Foundation. The above results are based on non-weighted data.