

Anthropometry

Height (cm)

Sex	Age (years)	Percentiles							n
		5%	10%	25%	50%	75%	90%	95%	
Men	18-24	172.3	173.6	177.2	181.8	186.6	190.7	193.7	193
	25-44	171.0	173.0	177.0	181.4	186.0	190.0	192.3	1,790
	45-64	168.0	170.5	174.3	178.2	182.4	186.6	189.3	3,551
	65+	164.4	166.3	170.1	174.3	178.7	182.6	185.0	1,817
	Total	167.1	169.6	173.6	178.1	182.8	187.3	190.0	7,351
Women	18-24	157.5	159.9	164.0	168.1	172.5	177.0	179.0	315
	25-44	157.5	160.0	164.0	168.0	172.1	176.0	178.4	2,973
	45-64	156.0	158.2	161.7	165.6	169.7	173.6	176.0	5,423
	65+	152.4	154.2	158.0	162.0	166.1	169.9	172.0	1,986
	Total	155.1	157.5	161.5	165.7	170.0	174.0	176.6	10,697

Weight (kg)

Sex	Age (years)	Percentiles							n
		5%	10%	25%	50%	75%	90%	95%	
Men	18-24	58.9	62.0	69.5	74.8	83.7	90.0	96.6	193
	25-44	66.4	69.1	75.0	82.8	90.6	100.5	106.4	1,790
	45-64	66.6	69.9	75.7	83.2	91.2	100.0	106.4	3,550
	65+	63.7	67.1	72.6	79.2	86.7	94.4	99.0	1,818
	Total	65.5	68.6	74.4	81.9	89.9	98.6	104.8	7,351
Women	18-24	48.5	51.0	56.8	62.2	69.0	77.9	83.0	316
	25-44	51.9	54.7	59.4	66.0	74.2	84.1	92.2	2,974
	45-64	52.5	55.4	60.5	67.0	75.2	83.8	90.6	5,423
	65+	50.8	53.4	58.6	65.2	73.3	81.5	86.7	1,986
	Total	51.7	54.6	59.8	66.2	74.4	83.4	90.4	10,699

The Danish Health Examination Survey 2007-2008 (DANHES 2007-2008) is one of the largest health examination surveys among the Danish adult population. The survey consisted of a questionnaire (n=76,484) and a health examination (n=18,065). The DANHES 2007-2008 was carried out by the National Institute of Public Health (NIPH), University of Southern Denmark, and was funded by the Ministry of the Interior and Health and the Tryg Foundation. The above results are based on non-weighted data.

Body mass index (kg/m²)

Sex	Age (years)	Percentiles							n
		5%	10%	25%	50%	75%	90%	95%	
Men	18-24	18.9	19.8	21.0	22.8	24.6	26.7	27.8	193
	25-44	20.5	21.4	23.1	25.0	27.4	29.8	31.7	1,792
	45-64	21.6	22.4	24.0	26.0	28.5	30.9	32.7	3,553
	65+	21.5	22.5	24.1	26.0	28.2	30.5	31.9	1,822
	Total	21.1	22.0	23.7	25.7	28.1	30.5	32.2	7,360
Women	18-24	17.8	18.7	20.2	21.8	24.2	26.8	28.9	316
	25-44	19.0	19.8	21.2	23.2	26.0	29.5	32.2	2,974
	45-64	19.6	20.4	22.1	24.3	27.2	30.5	33.1	5,427
	65+	19.6	20.6	22.5	24.8	27.7	30.8	33.3	1,988
	Total	19.4	20.1	21.8	24.0	26.9	30.3	32.8	10,705

Fat percentage (%)

Sex	Age (years)	Percentiles							n
		5%	10%	25%	50%	75%	90%	95%	
Men	18-24	8.4	10.1	12.5	15.5	18.9	22.2	24.3	193
	25-44	11.5	13.4	17.0	20.7	24.6	27.7	30.2	1,789
	45-64	14.9	16.9	20.1	23.6	27.2	30.3	32.2	3,550
	65+	16.1	18.4	22.0	25.4	28.5	31.3	33.4	1,817
	Total	13.3	15.6	19.3	23.3	27.0	30.2	32.2	7,349
Women	18-24	18.4	21.7	24.9	28.9	33.2	38.2	41.5	315
	25-44	21.5	23.6	27.3	31.5	36.8	42.1	45.4	2,973
	45-64	23.4	26.0	30.0	34.6	39.5	44.0	47.0	5,423
	65+	24.9	27.4	31.8	36.3	40.8	45.0	47.8	1,986
	Total	22.8	25.2	29.2	34.0	39.0	43.7	46.5	10,697

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Waist (cm)

Sex	Age (years)	Percentiles							n
		5%	10%	25%	50%	75%	90%	95%	
Men	18-24	72.8	74.0	78.0	82.0	87.0	94.5	98.0	193
	25-44	78.8	81.0	85.5	92.0	99.0	105.5	110.3	1,791
	45-64	82.8	85.4	91.0	97.0	104.0	111.0	116.0	3,551
	65+	84.2	87.5	93.0	99.0	105.0	112.0	116.0	1,818
	Total	80.2	83.8	89.0	96.0	103.0	110.0	115.0	7,353
Women	18-24	66.4	69.0	72.0	76.0	82.8	91.0	96.0	314
	25-44	70.0	72.0	76.0	82.0	89.0	98.0	103.4	2,955
	45-64	71.7	74.0	79.0	86.0	93.1	102.0	108.0	5,420
	65+	72.3	75.2	80.5	87.0	95.0	103.0	108.0	1,987
	Total	70.9	73.0	78.0	84.4	92.4	101.0	107.0	10,676

Hip (cm)

Sex	Age (years)	Percentiles							n
		5%	10%	25%	50%	75%	90%	95%	
Men	18-24	86.0	89.0	92.7	96.0	101.0	106.5	110.0	193
	25-44	90.0	92.0	96.0	100.0	104.7	109.0	112.9	1,791
	45-64	91.5	93.6	97.0	101.0	105.0	109.0	112.0	3,550
	65+	91.5	93.9	97.0	100.5	104.5	109.0	111.3	1,816
	Total	91.0	93.0	96.2	100.2	104.8	109.0	112.0	7,350
Women	18-24	85.6	88.0	92.0	98.0	103.0	108.0	113.0	314
	25-44	88.0	90.7	95.0	100.0	106.0	113.0	118.0	2,958
	45-64	90.0	92.0	96.3	101.1	107.0	114.0	118.0	5,420
	65+	90.0	92.2	96.0	101.0	107.0	113.0	118.0	1,987
	Total	89.0	91.5	96.0	101.0	107.0	113.0	118.0	10,679

Waist/hip ratio

Sex	Age (years)	Percentiles							n
		5%	10%	25%	50%	75%	90%	95%	
Men	18-24	0.79	0.80	0.82	0.85	0.88	0.92	0.96	193
	25-44	0.83	0.85	0.88	0.92	0.96	1.01	1.03	1,791
	45-64	0.86	0.89	0.92	0.97	1.01	1.05	1.07	3,550
	65+	0.89	0.91	0.94	0.98	1.02	1.06	1.08	1,816
	Total	0.85	0.87	0.91	0.96	1.00	1.04	1.07	7,350
Women	18-24	0.71	0.72	0.75	0.79	0.83	0.88	0.91	314
	25-44	0.73	0.75	0.78	0.82	0.86	0.90	0.93	2,955
	45-64	0.75	0.77	0.80	0.85	0.89	0.93	0.96	5,419
	65+	0.77	0.79	0.82	0.86	0.90	0.94	0.98	1,987
	Total	0.74	0.76	0.80	0.84	0.89	0.93	0.95	10,675

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