



## **Velkommen til Panama!**

Du starter nu dit 2 ugers klinikophold med Floating Doctors. Under dette ophold, vil du opnå indsigt i de økonomiske, sociale og politiske problemstillinger der tynger Panama. Du vil stifte bekendtskab med regionspecifikke sygdomme, kommunikative og kulturelle udfordringer, samt opleve hvordan man forholder sig til medicinske problemstillinger, i isolerede ressourcefattige områder.

**Week 1:(Appendix 1)**

<p>Day 1: Sunday 12.08.18</p>	<ul style="list-style-type: none"> <li>● 6:00 – 7:00 PM: Floating Doctors orientation.</li> <li>● 7:30 – 8:30 PM: Dinner.</li> <li>● 8:30 – 9:00 PM: Introduction to the students of University of Southern Denmark.</li> <li>● 9 PM: Lecture 1: “Cultural Competency”: Review common but often-unexpected cultural issues that arise during consults across wide religious, ethnic, geographic, language, and socio- economic gulfs. Learn skills to communicate more effectively with patients, utilize translators, and reduce medical error related to miscommunication. Participants should gain confidence when approaching consults in unfamiliar cultural settings and using cultural competency skills to improve clinical outcomes.</li> </ul>
<p>Day 2: Monday 13.08.18</p>	<ul style="list-style-type: none"> <li>● 7:00 – 7:30 AM: Breakfast and reflection meeting.</li> <li>● 8.00 AM: Packing the pharmacy at base.</li> <li>● 12.00 AM: Lunch.</li> <li>● 12.30: Travel to Isla Colon: Work at the ‘Asilo’ -the nursing home.</li> <li>● 15.30 PM: Free time.</li> <li>● 5.00 PM:Sailing Back to Base, San Cristobal.</li> <li>● 6:30 PM: Dinner and reflection meeting.</li> <li>● 8 PM: Lecture 2: : “Geriatrics &amp; End-of-Life Care in Resource-Limited Settings”: The burden of geriatric conditions in developing regions is reviewed, and a resource-limited approach to geriatric and end-of-life care is discussed. Non-pharmaceutical strategies, especially for palliative care, are emphasized. Handling of patient deaths in different cultural contexts is included. Participants should gain greater awareness of the scope of approaches to geriatric and end-of-life issues in mission settings.</li> <li>● 9 PM: Lecture 3: “Medico-Legal Aspects of Aid Work”: Explore the complex medico- legal considerations surrounding mission work in developing regions. Learn how to avoid placing you or your team in legal trouble while far from home, how to license and ensure the security of your team, and how to make best-practice decisions in resource limited settings. Also review the ethical considerations for mission work and handling medical errors. Participants should develop an appropriate ethical framework to guide their behavior during medical aid work, reduce their liability on missions, ensure better informed consent, and work more smoothly with local services.</li> </ul>
<p>Day 3: Tuesday 14.08.18</p>	<ul style="list-style-type: none"> <li>● 7:00 – 7:30 AM: Breakfast and reflection meeting.</li> <li>● 8.30 AM: Depart to the community of San Cristobal (Population: 750 people)</li> <li>● 9.00 AM: Set up clinic</li> <li>● 10.00 AM: Clinic work</li> <li>● 1:00 – 1:30 PM: Lunch</li> <li>● 1.30 – 5.00 PM Clinic work</li> <li>● 5:00 PM: Return to Base</li> </ul>

	<ul style="list-style-type: none"> <li>● 7.00 PM: Dinner and reflection meeting.</li> <li>● 8. PM: Lecture 4: “Mental Health in Developing World Settings”: A summary of mental health in mission settings. Burdens of mental illness in the developing world are highlighted, as well as common barriers to effective care. Specific mental health conditions common to mission settings are reviewed, as well as conditions that require different approaches in resource-limited settings. Participants should gain increased confidence and competence approaching mental health issues in tropical and developing settings.</li> <li>● 9 PM: Lecture 5: “Envenomation”: A review of different types of venom, modes of envenomation and snake, arthropod, and marine vectors. Management of acute envenomation and primary prevention are emphasized, as well as the regionality of venomous organisms and diagnoses by clinical signs. Participants should gain greater diagnostic and management skills to be able to provide better care more rapidly in venomous encounters, and experience reduced exposure risk while travelling in endemic regions.</li> </ul>
<p>Day 4: Wednesday 15.08.18</p>	<ul style="list-style-type: none"> <li>● 7:00 – 7:30 AM: Breakfast and reflection meeting.</li> <li>● 8:30 AM: Depart to remote community of Rio Oeste (Population: 700 People)</li> <li>● 9.00 AM: Set up clinic</li> <li>● 10.30 AM: Clinic work</li> <li>● 1:00 – 1:30 PM: Lunch</li> <li>● 1.30 – 5.00 PM Clinic work</li> <li>● 5:00 PM: Return to Base</li> <li>● 7.00 PM: Dinner and reflection meeting.</li> <li>● 8 PM: Lecture 6: “Running a Successful Mobile Clinic”: A summary of fundamental and specific pre-mission, intra-mission, and post-mission deployment considerations for ensuring successful and safe medical aid work. This leadership review includes mission due diligence, logistics, team dynamics and clinic organization, important roles, and patient flows in mobile clinic work. Participants should develop improved mission planning and administration skills and be better prepared for executive-level mission decisions and leadership .</li> <li>● 9 PM: Lecture 7: Skin diseases.</li> </ul>
<p>Day 5: Thursday 16.08.18</p>	<ul style="list-style-type: none"> <li>● 7:00 – 7:30 AM: Breakfast and reflection meeting.</li> <li>● 8.00 AM: Packing the pharmacy at base.</li> <li>● 12.00 AM: Lunch.</li> <li>● 12.30: Travel to Isla Colon: Work at the ‘Asilo’ -the nursing home.</li> <li>● 15.30 PM: Free time.</li> <li>● 5.00 PM:Sailing Back to Base, San Cristobal.</li> <li>● 7.00 PM: Dinner and reflection meeting.</li> <li>● 8 PM: Lecture 8: “Mobile Clinic Pharmacy &amp; Supplies”: Learn how to assemble the most appropriate mobile pharmacy for your mission needs, safely get it all through customs, and use it effectively during your deployment. Participants learn how to choose the best medications for different setting needs and assemble the most powerful and portable diagnostic tool kit their mission resources</li> </ul>

	allow. Participants develop skills to increase patient compliance and decrease prescribing errors.
Day 6: Friday 17.08.18	<ul style="list-style-type: none"> <li>● 7:00 – 7:30 AM: Breakfast and reflection meeting.</li> <li>● Travel to Isla Colon</li> <li>● Work at the ‘Asilo’ -the nursing home.</li> <li>● Reflection meeting.</li> <li>● (Return to Base)</li> </ul>
Day 7+8: Saturday and Sunday 18.08.18- 19.08.18	Free days

## Week 2

Day 9: Monday 20.08.18	<ul style="list-style-type: none"> <li>● 7:00 – 7:30 AM: Breakfast and reflection meeting.</li> <li>● 8.00 – 11.00 AM: Transport to multiple day clinic at remote community of Ensenada (Population 450)</li> <li>● 11:00 – 4:00 PM: Arrive, unload our gear and prepare for Clinic.</li> <li>● 4.00 – 6.30: Free time</li> <li>● 6.30 PM: Dinner and reflection meeting.</li> </ul>
Day 10-11: Tuesday 21.08.18	<ul style="list-style-type: none"> <li>● 7:00 – 7:30 AM: Breakfast and reflection meeting.</li> <li>● 8.00 – 1.00 PM: Clinic work at Ensenada.</li> <li>● 1.00 – 1.30 PM: Lunch</li> <li>● 1.30 - 5.00 PM: Clinic work at Ensenada.</li> <li>● 6.30 PM: Dinner and reflection meeting.</li> </ul>
Day 12: Thursday 23.08.18	<ul style="list-style-type: none"> <li>● 7.00 – 7:30 AM: Breakfast and reflection meeting.</li> <li>● 8.00 –11.30 AM: Follow up for patients at Ensenada.</li> <li>● 11.30 AM -2.00 PM: Packing clinic and travelling back to base.</li> <li>● 6.30 PM: Dinner and reflection meeting.</li> </ul>
Friday 24.08.18	<ul style="list-style-type: none"> <li>● 7.00-7.30 AM: Dinner and reflection meeting.</li> <li>● 8.00 AM: Travel to Isla Colon: Work at the ‘Asilo’ -the nursing home/ Packing pharmacy</li> <li>● 6:30 PM: Dinner and reflection meeting.</li> </ul>
Day 14+15: Saturday 25.08.18- Sunday 26.08.18	Free days

## Appendix 1



## Appendix 2

### FLOATING DOCTORS: Unusual Shaped Pediatric Teeth

FEBRUARY 13, 2017

A Pediatrician from the UK recently shared a Floating Doctors [patient case](#) with the SERMO community. A toddler presented with unusually shaped teeth...

A 17-month-old girl presented for a health care check-up. Noted to have unusually shaped front teeth (see photograph). All other teeth normal in appearance and good oral hygiene. Mother states teeth came in normally and then developed this shape over the past few months. She denies a history of trauma, and the mother's concern was that 'worms ate her teeth'...



Our main concern is that these are Hutchinson teeth of congenital syphilis, but we are struggling to commit to this given mother is very clear her teeth were normal when they first came through.

Are you a physician? [Login or join SERMO](#) to contribute your insights into [this case!](#)