

Course description Bachelor of Science in Public Health	
Module responsible: Anja Leppin	Last updated: January 2013
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Module number: 3957312	
Module title: Health Behaviour	
ECTS-points	8
Responsible institute	Institute of Public Health, Research Unit for Health Promotion
Prerequisites connected to the module	None
General objectives	<p>This module aims to qualify the student:</p> <ul style="list-style-type: none"> • to communicate basic psychological and sociological, scientific models and theories with the purpose of explaining health behaviour • to apply these theories and models with the purpose of influencing health behaviour in health promoting interventions
Specific competency objectives	<p>After participating in the module, the student should be able to:</p> <ul style="list-style-type: none"> • identify and define relevant concepts and current terms for well-known and applied theories and models in health behaviour • perform a critical assessment of relevance, advantages and disadvantages of the different models and their central elements with the purpose of explaining different health behaviour patterns such as (none)smoking, alcohol intake, (un-)healthy nutrition, physical (in-)activity or (none)compliance of medical regimes • assess different models critically and apply their central elements as a theoretic basis for health behaviour initiatives aimed at behavioural changes in varying target groups such as children and adults, elderly, chronically ill people, people in exposed socio-economic environments and cultural minorities
Time of teaching	Second semester, second quarter
Type of teaching	Lectures, discussions, PBL and group work
Prerequisites connected to the examination	None

Course description Bachelor of Science in Public Health		
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Module number: 3957302		
Module title: Health Behaviour		
Type of examination	3 hours written examination No study material allowed during the examination External censorship Grading by the 7-point grading scale	
Evaluation at the grade 12 /evaluation Pass	Grade 12 will be given, if the student has shown excellent performance displaying a high level of command of all aspects of the relevant material with no or only a few minor weaknesses.	
Approved by	The Academic Study Board of Public Health	Approved on 14 June 2012