

Blood pressure and heart rate

Systolic blood pressure (mmHg)

Sex	Age (years)	Percentiles							n
		5%	10%	25%	50%	75%	90%	95%	
Men	18-24	109	114	121	128	136	146	150	193
	25-44	112	116	122	131	140	150	156	1,790
	45-64	112	116	124	134	147	160	168	3,551
	65+	111	117	127	139	153	167	175	1,821
	Total	112	116	124	134	147	160	168	7,355
Women	18-24	99	102	108	114	123	131	134	316
	25-44	99	102	108	116	124	133	141	2,972
	45-64	102	106	114	124	136	149	159	5,425
	65+	105	110	120	132	145	159	168	1,987
	Total	101	105	112	122	135	148	158	10,700

Diastolic blood pressure (mmHg)

Sex	Age (years)	Percentiles							n
		5%	10%	25%	50%	75%	90%	95%	
Men	18-24	60	63	68	73	78	82	88	193
	25-44	66	70	75	80	87	94	97	1,789
	45-64	68	72	78	84	92	98	102	3,551
	65+	64	68	74	81	88	95	100	1,821
	Total	66	70	76	82	89	96	100	7,354
Women	18-24	59	63	67	72	78	83	88	316
	25-44	62	64	70	76	82	89	94	2,972
	45-64	64	68	73	80	88	94	98	5,425
	65+	63	66	72	78	85	92	96	1,987
	Total	63	66	72	78	85	92	97	10,700

Resting heart rate (beats per minute)

Sex	Age (years)	Percentiles							n
		5%	10%	25%	50%	75%	90%	95%	
Men	18-24	55	60	66	75	85	92	99	193
	25-44	54	57	63	71	80	88	95	1,789
	45-64	53	56	62	69	78	87	93	3,552
	65+	52	55	61	68	77	86	93	1,821
	Total	53	56	62	70	78	87	94	7,355
Women	18-24	59	64	72	80	88	97	101	316
	25-44	58	62	69	76	84	92	99	2,974
	45-64	57	60	66	73	81	90	95	5,427
	65+	56	60	65	73	80	88	94	1,988
	Total	57	61	67	74	82	90	96	10,705

The Danish Health Examination Survey 2007-2008 (DANHES 2007-2008) is one of the largest health examination surveys among the Danish adult population. The survey consisted of a questionnaire (n=76,484) and a health examination (n=18,065). The DANHES 2007-2008 was carried out by the National Institute of Public Health (NIPH), University of Southern Denmark, and was funded by the Ministry of the Interior and Health and the Tryg Foundation. The above results are based on non-weighted data.