

# PHD DEFENSE – CHRISTINE INGEMANN

## Putting families and local professionals at the heart of implementation research

A qualitative implementation study on Greenland's universal parenting programme  
MANU 0-1 Year



16<sup>th</sup> of June 2023

14:00 (UTC-3)

Auditorium at Ilisimatusarfik

Nuuk, Greenland

Reception after the Defense at 17:00.

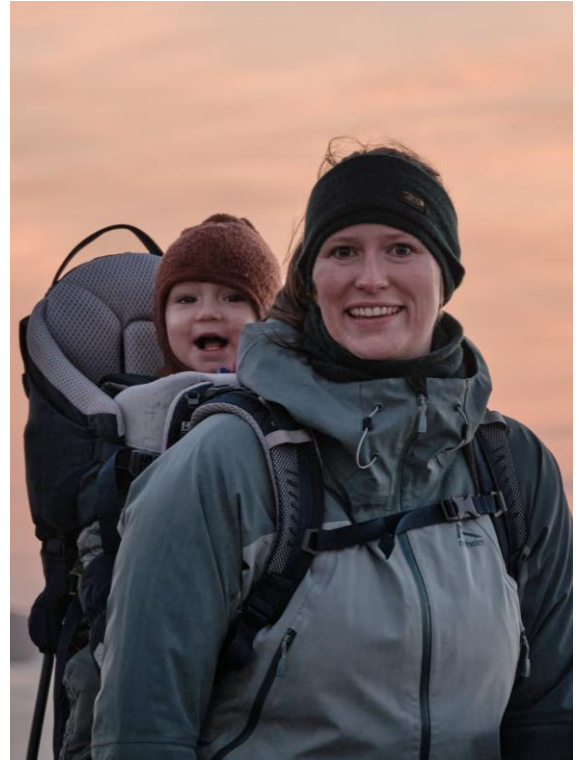
The defense will also be livestreamed on  
[Ilisimatusarfiks Facebook page](#)

Be aware that the PhD defense is an examination, which means that once the defense starts, it will not be possible to enter or leave the Auditorium.

**Background:** The Greenlandic parenting programme MANU was developed to provide expectant and new parents with information and reflections on parenthood through pedagogical exercises. MANU is a universal programme that intends to be accessible to all expectant and new parents.

**Objective:** The aim of this PhD project was to study the local implementation of the parenting programme MANU and parents' experiences with the programme in regard to expectations, needs, culture and values.

**Conclusion:** It is concluded that by putting families and local professionals at the heart of implementation research, interventions will more likely be culturally sensitive and increasingly relevant to local contexts. Furthermore, potential barriers in implementation and adverse effects of an intervention could be addressed early on and likely prevented.



**PhD candidate:**  
Christine Ingemann

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**Supervisors:**  
Christina VL Larsen,  
Siv Kvernmo &  
Tine Tjørnhøj-Thomsen

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**Assessment board:**  
Charlotte Overgaard (chair)  
Gitte Adler Reimer  
Susan Chatwood

Financed by:

