

INVITATION

Inaugural Seminar

Adjunct Professors Matthew Burg and Per Carlbring

Patients with “double trouble” - somatic disease and depression or anxiety: Can e-Health interventions help?

Wednesday 26 September – 14.00-16.00 (CEST)

U42, University of Southern Denmark
Campusvej 55, 5230 Odense M

Worldwide, a subset of patients with somatic disease – 20% of patients with cardiovascular disease, 10-30% of patients with diabetes mellitus, and 20% of patients with cancer – suffer from co-morbid depression and anxiety. Co-morbid depression and anxiety have consequences not only for patients' quality of life, compliance, and prognosis, but also for their families and society at large due to increased health care costs. In many countries, including Denmark, we are far from implementing systematic screening and treatment for this subset of at-risk patients with co-morbid somatic and psychological disease, referred to as “double trouble” in the seminar.

On the occasion of the appointment of Professor Matthew Burg as Adjunct Professor in Cardiovascular Behavioral Medicine and Professor Per Carlbring as Adjunct Professor in eHealth, Specialized in eMental Health at the Department of Psychology, University of Southern Denmark, the Faculty of Health Sciences hereby invites you to attend the inaugural seminar with the following program:

- 14.00-14.10: **Welcome and introduction**
Professor and Head of Department Susanne S. Pedersen
- 14.10-14.40: ***Who are the patients with “double trouble” and what are the consequences at a patient and societal level? Cardiovascular disease as a public health example***
Professor Matthew Burg, Department of Internal Medicine, Section of Cardiovascular Medicine, Yale School of Medicine, USA
- 14.40-15.10: ***eMental health solutions to the rescue? Evidence and perspectives - state-of-the-art***
Professor Per Carlbring, Department of Psychology, University of Stockholm, Sweden
- 15.10-15.30: ***eMindYourHeart: An attempt to help patients with “double trouble”***
Professor Susanne S. Pedersen, Department of Psychology, University of Southern Denmark and Department of Cardiology, Odense University Hospital

15.30-15.50: ***Health organisation: Reflections on "Who owns the responsibility of the double trouble dilemma"***

Professor Ann-Dorthe Zwisler, Danish Knowledge Centre for Rehabilitation and Palliative Care (REHPA), University of Southern Denmark and Odense University Hospital

15.50-16.00: **Discussion**

After the seminar, a reception will be held outside U42

The Faculty of Health Sciences would like to invite all interested persons to attend the seminar and the subsequent reception.

If you wish to participate, we kindly ask you to register [here](#) no later than September 20, 2018.

Best regards,

Ole Skøtt
Dean

[Driving directions](#)