

Contact information



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Dear collaborators

In order to keep you updated on the progress of the ACQUIRE-ICD study, we have decided to send out a newsletter every quarter. The project also has a homepage: http://www.sdu.dk/om_sdu/institutter_centre/institut_psykologi/forskning/forskningsprojekter/acquire-icd

Here you receive the third newsletter. Should you have any suggestions for content for future newsletters, please contact the project manager, Søren J. Skovbakke.

ACQUIRE-ICD BECOMES A NATIONAL STUDY

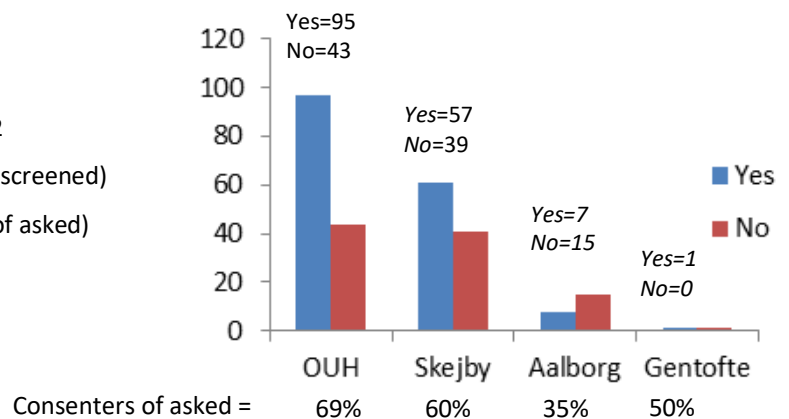
First of all, we would like to welcome Gentofte Hospital and Copenhagen University Hospital (Rigshospitalet) who are now participating in the study, and Roskilde Hospital, who is expected to start up shortly. Thus, the ACQUIRE-ICD study is now a national study with the participation of all 6 implanting ICD centers in Denmark! This naturally speeds up the recruitment rate that is already perceived as satisfactory. With an increase in recruitment, it might be possible to finish the inclusion of new patients within the second year (from the time that the first patient was included into the study). This would be a great achievement.

RECRUITMENT STATUS

Status on inclusion for all centers on February 6, 2018 (target number of patients is 478):

All centers

Screened patients: 432
 Eligible: 270 (62.5% of screened)
Included: 166 (62.3% of asked)



12 MONTHS FOLLOW UP

Recruitment of participants for ACQUIRE-ICD was initiated in February 2017 at Odense University Hospital (OUH) and followed by Aarhus University Hospital (AUH) and Aalborg University Hospital (AAH).

Meet the team at Aalborg University Hospital (AAH)



Project Nurse, Karen
Petrea Andersen



Project Nurse, Maria
Bøgeskov Sættrup



Principal Investigator:
Sam Riahi, Professor,
Cardiologist

The first 12 months follow-up questionnaires are sent to patients now (in February) and now it is also time to add the first 1 year-follow up data from the EPJ to REDCap. It is essential to do this within one year from the signing of the informed consent, because after a year the consent is outdated. Even though we ask for a new consent, we cannot expect this to be completed by all patients. Please contact us with any questions if you have doubts about this. The new informed consent is sent automatically via REDCap with the 1 year follow up questionnaire.

PRESENTATION OF PROJECT NURSES FROM AALBORG UNIVERSITY HOSPITAL

In this newsletter, we introduce the project team from AAH. See details on page two to the left. AAH is the smallest center in terms of numbers of ICDs implanted of the participating centers.

"Weekly, we have 1-2 eligible patients. We have been recruiting patients since May 2017 but because of changes in the staff it has been a challenge to find the time to include patients. Additionally, many of our patients do not have an interest in or do not feel they have resources to participate in the project. However, we expect an increase in inclusion rate in the near future as we are finding our feet and Maria is now employed full time"

EXPERIENCES FROM THE PSYCHOLOGICAL INTERVENTION

In the previous newsletter the psychological intervention was presented. We follow up with some of the experiences from one of the two project psychologists, Camilla Sødequist, who is now employed as a research assistant on the project. The psychological intervention is also provided by Barbara, master's student in Psychology at SDU, who is trained to provide the intervention and supervised by Susanne.

As a psychological supervisor, I contact the patients to offer them a psychological course, if they have significant symptoms of anxiety and/or depression. Whether the patients accept or decline the offer, they all express great gratitude towards being contacted; they feel safe due to being part of the project and perceive it as a 'safety net'. All patients that have completed the psychological course have expressed satisfaction and gratitude for being a part of it, and my experience with the intervention is therefore also very positive. My experience - and what the patients share with me - is that it is easier for them to handle the challenges they meet in their everyday lives, and they spot inconvenient thinking patterns faster than before. Furthermore, the patients have also achieved a greater acceptance in relation to how much they can handle in their everyday lives, but still they have the courage to challenge themselves.

Psychological supervisor, Camilla Sødequist

INTERVIEWS

In the following months we will prepare and begin interviews with patients' to assess their experiences with the intervention. We will interview a heterogeneous patient group from different centers. Later we will interview some of the dedicated project nurses to learn from their experiences.



ACQUIRE ICD

PUBLICATIONS AND PRESENTATIONS (SINCE LAST NEWSLETTER)

Invited keynote speaker at CSANZ 2017

Pedersen SS. Development and evaluation of personalized and interactive web-based innovation to advance the quality of life and care for patients with an ICD (The ACQUIRE-ICD study). 65TH ANNUAL SCIENTIFIC MEETING OF THE CARDIAC SOCIETY OF AUSTRALIA AND NEW ZEALAND (CSANZ), Perth, Australia, August 10-13, 2017.

The ACQUIRE-ICD protocol article is expected to be submitted in March 2018.

THE NEXT NEWSLETTER WILL BE SENT OUT IN JUNE 2018