Teaching faculty

The staff of the University of Southern Denmark, Unit for Health Promotion Research is responsible for the teaching. Teaching language is English. www.healthpromotion.sdu.dk



Job opportunities

BSc in Health Education and Promotion

You can work in health planning, education, administration, counselling and teaching, e.g. in schools, work places and health care.

BSc in Epidemiology

You can work in health research, planning and teaching, e.g. in companies and institutions.

Contact information

SDU contact:

Academic supervision and quality control; Visiting Professor: Professor Arja R. Aro <u>araro@health.sdu.dk</u>

Study Leader: Associate Professor Leena Eklund Karlsson leklund@health.sdu.dk

Study Co-leader – BSc Epidemiology: Post Doc Nagla Sahal nhsahal@health.sdu.dk

Local contact:

Local Program Coordinator, BSc Health Education and Promotion: Assistant Professor Huny Moh. Bakry <u>HMBakry@pnu.edu.sa</u>

Local Program Coordinator, BSc Epidemiology: Assistant Professor Eman Mortada emmortada@pnu.edu.sa

Head of Department of Health Sciences: MSc Hind Dasem, hogasem@pnu.edu.sa

Local Quality Controller: MSc Faten Saleh fsyousef@pnu.edu.sa

'Make a difference in the health and well-being of people and communities'





University of Southern Denmark



Two BSc programs:

Health Education and Promotion & Epidemiology



The College of Health and Rehabilitation Sciences

Princess Noura Bint Abdulrahman University (PNU) Riyadh Kingdom of Saudi Arabia

www.pnu.edu.sa

Learning objectives

The students will acquire knowledge and competences that enable them to:

- gather and analyse information on environmental, social and structural determinants of health and well-being of population groups, communities and individuals
- develop, implement and evaluate health interventions and policies
- do health counselling, health education and campaigns



Program structure

1st year

- Introduction to Public Health and Health Promotion
- Health Promotion and Health Education 7
- 3 Biostatistics
- 4 Body and Public Health
- 5 Determinants of Health
- 6 Epidemiology
- 7 Health Behaviour
- 8 Health Care Systems and Health Policies

2nd year

- 9 Theory of Science
- 10. Qualitative and Quantitative Methods
- 11 Population Health and Demography
- 12 Health Sociology, Settings and Planning

11 **Health Education** Epidemiology i I & Promotion 11 11 13 Advanced Epidemiology 13 International Health I. and Biostatistics 11 14 Environmental Health 11 14 Environmental Health 11 11 15 Epidemiology and Health Planning 15 Project Work I 11 11 11 16 Epidemiology of Non-16 Project Work II ш 11 Communicable Diseases 11 3rd vear 11 3rd vear ı. 17 Organisation, Leadership 11 17 Organisation, Leadership and 1 and Management Management 11 18 Implementation and Evaluation 18 Social and Behavioural 11 11 Epidemiology 11 19 Health Economics and Budgeting 19 Epidemiology and Intervention 11 11 Research 11 20 Preparation of the Bachelor Project 11 20 Preparation of the Bachelor Project 11 11 11 **Bachelor** Project 4th vear Internship

Course contents

Health Education and Promotion

Here we deal with building effective strategies and

programs to:

- develop personal skills
- create supportive environments
- strengthen community action
- build healthy public policies
- reprient health services and educational Ф strategies



Epidemiology

Epidemiology is the study of distributions, causes and consequences of health and disease in human populations. The education will focus on important public health challenges and high risk populations. It will give a thorough training in:

- epidemiology terminology and concepts
- study designs and analytical approaches