



Health Promotion Research **HPR News**
Nyt fra Sundhedsfremmeforskning

Photo by/ foto af: Stella Kræmer

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HPR News is the ‘voice’ of the Unit of Health Promotion, NOT of the SDU as a whole. Editor-in-chief is Arja R. Aro, Managing Editor is Stella Kræmer.



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Editorial: News from the public health programmes

From Christiane Stock, head of educational programmes

New students in the programmes

This fall the Master of Science (MSc) in Public Health programme had the highest number of applicants since its existence, while the number of applicants for the Bachelor of Science (BSc) programme remained low. Out of the total number of applicants far exceeding 100, 64 students were finally enrolled into the MSc in public health programme. The BSc programme started with 12 students, who can look forward to small group teaching with the advantage of close contact to teachers and good supervision options. The high number of international students applying for the MSc programme indicated that our programme is getting increasingly well known around the world. There is also a trend of an increasing number of students applying from other European countries. From the 24 international students (38% of the whole cohort) about half is coming from developing countries and the other half from other EU countries, while 2 students are from other Western countries. Students with a professional bachelor background and a completed bridging course comprise 41% of the new MSc students, while students with a public health bachelor from SDU make up 19%. Two students started the master programme with a bachelor in medicine or sports science. Overall the different cultural and education backgrounds of the students are challenging for the teachers, but on the other side provide many opportunities for discussion and exchange and for learning from each other.

Referat

I dette efterår fik kandidatuddannelsen i Folkesundhedsvidenskab det højeste antal ansøgninger nogensinde, mens bacheloruddannelsen fik væsentlige færre ansøgninger. 64 studerende blev indskrevet på kandidatuddannelsen, hvoraf 24 var internationale studerende og 26 var professionsbacheloror.

Referat af Peter Gry

New global health specialization

Since spring 2010 the MSc in Public health programme is offering a new specialization in global health as a third choice together with the specializations in health promotion and in health economics and management. About one quarter of the students selected this offer and the course evaluations showed that the new modules have started successfully. Students who took the track created not only a truly global group in terms of countries of origin (coming from 6-8 countries depending on module in elective part) but also a very intersectoral group especially in last module dealing with public health research on global scale (coming from other programmes in Esbjerg campus). This mixture of cultures, expertise and experience created excellent learning atmosphere during the modules.

Referat

Siden foråret 2010 har kandidatuddannelsen fået en ny specialisering, nemlig global sundhed. Ca. en fjerdedel af de studerende valgte denne tilgang og evalueringen viser, at det indtil videre har fungeret godt og skabt en spændende multikulturel atmosfære.

Referat af Peter Gry

News from the AUS-EUphe programme

The student and staff exchange programme is running successfully and is now entering its third and last year. This semester four SDU students have been in Brisbane, Perth and Adelaide, while we are currently hosting five Australian students. During my trip to Curtin University in Perth and to Griffith University in Brisbane the Australian Universities stated that they are very satisfied with exchanging students with us, because the scope of our programme fits very good with their programmes. Therefore, there are good



Figur 1 From left: AUS-EUphe coordinator Annette Seipt, Anette Møller, Christiane Stock and Ellen Møller Andersen

changes to continue the exchange on bilateral basis even when the AUS-EUphe programme has come to an end. The European coordinator Annette C. Seibt, Hamburg University of Applied Sciences visited Esbjerg in September to give a guest lecture and to meet with me and with Anette Møller and Ellen Møller Andersen from the International Office.

Referat

Dette udvekslingsprogram for både studerende og ansatte kører på sit tredje og sidste år. Christiane Stock fortæller, at samarbejdet har fungeret godt og tilfredsstillende for både de australske universiteter og Syddansk Universitet. Der er gode muligheder for, at samarbejdet kan fortsætte på en bilateral aftale.

Referat af Peter Gry



Best regards

Christiane Stock

HPR News & the Unit staff wish the readers a Merry Christmas and a Happy New Year, and wish all the interviewed students success in their studies and lives.

Masters in Public Health/Kandidater i Folkesundhedsvidenskab

Siden 2001 hvor uddannelsen Folkesundhedsvidenskab startede i Esbjerg, har uddannelsen udviklet sig til at inkludere studerende fra hele Danmark, dele af Europa, og flere kontinenter. Dette er med til at skabe dynamiske årgange med en bred baggrund. De færdigt uddannede, kommer ud og får forskelligartede jobs. Eksempelvis Thomas Ljungberg Jørgensen, der blev færdig med sin kandidat i 2008, har haft jobs som fuldmægtig i data og analyse-enheden, sundhedsforvaltningen, Københavns kommune og Data Manager ved Institut for Epidemiologisk Kræftforskning, Kræftens Bekæmpelse. For Thomas er det de interessante arbejdsopgaver, gode medarbejderforhold og den gode mulighed for læring der er hans primære motivation i hans nuværende position. Hans arbejdsplads beskriver han som en skøn blanding af medspiller, serviceorgan og ansvarshavende, hvor den viden om statistik og epidemiologi han lærte gennem sit studie i Esbjerg hjælper ham dagligt i samarbejdet med forskerne.

I de følgende sider vil der være mere dybdegående interviews med en af de første af vores kandidater i folkesundhedsvidenskab der afslutter en Ph.d., nogle af vores nuværende udenlandske studerende, en professionsbachelor og til sidst nogle af de potentielle kandidatstuderende fra vores nuværende bachelor årgang.

Already in a post doc position – Maj Brit from the 1st cohort of Esbjerg master students



Figur 2 Maj Brit Dahl Nielsen

Maj Brit Dahl Nielsen, coming from Copenhagen and belonging to the 1st cohort of MSc in public health in Esbjerg, graduated in the spring of 2006. Now she has handed in her PhD thesis titled: **RETURN TO WORK AMONG EMPLOYEES WITH COMMON MENTAL DISORDERS - A mixed-method study on predictors of time to return to work and employees' experiences of the return to work process** and is looking forward to defending it 25 February 2011. Meanwhile, she has already started in a post doc position at National Research Centre for the Working Environment. She is managing a research project, which evaluates interventions in nine municipalities concerning return to work after sick leave due to musculoskeletal and mental health problems; and she is also supervising a PhD student. Thus she has advanced very quickly in her career. Maj Brit was interviewed during her visit to Esbjerg early December, where she was lecturing in the Worksite health promotion module of the master programme.

Where did the research interest come from?

Maj Brit tells that after she finished her master studies with specialization in health promotion, she got an administrative job – and felt soon bored. So when she got an email about a PhD vacancy at the in Copenhagen she was ready to apply for it – and was hired. She has been pleased with her choice of research career offering her scientific challenges, international exchange and also opportunities to travel. Already during her studies she got interested in the evidence-based health promotion and public health work. She e.g. co-authored the Evidence in prevention and health promotion booklet, which the National Board of Health published in 2007. Maj Brit is satisfied that in her studies in Esbjerg she was introduced into the vivid discussions about the evidence-base of health promotion and implementation of interventions.

She is also happy with the very necessary statistical skills she learnt in the studies, but what has also proved important is that the studies did not remain abstract; instead, they provided a pragmatic, applied approach, from which she benefits in her present evaluation research work.

More information about Maj Brit's work:

<http://www.arbejdsmiljoforskning.dk/>



Interview by Arja R Aro

Referat

Maj Brit Dahl Nielsen var fra den første årgang i kandidatuddannelsen, hvorfra hun dimitterede i 2006. Snart skal hun forsvare sin ph.d. afhandling og har allerede startet sit "nye" job som postdoc ved Det Nationale Forskningscenter for Arbejdsmiljø. Maj Brit fortæller, at hendes interesse for forskningsverden tog sin begyndelse på kandidatuddannelsen, hvor bl.a. livlige diskussioner om evidens i sundhedsfremme og implementering af interventioner gav hende appetit på mere.

Referat af Peter Gry

Madhu and Shalik – master students from Nepal

Madhu Koirala (Dhital) and Shalik Ram Dhital, wife and husband from Nepal, represent foreign Master of Science in Public Health students at SDU. In this academic year there are 24 foreign students. From the academic year of 2008 to date there are total five students from Nepal two females and three males. HPR News interviewed Madhu and Shalik about their studies, their experiences in Esbjerg, background, private life, future plans and about the Nepalese health promotion challenges.

Shalik defended his Master thesis in September this year and Madhu is half way through her studies. Both of them come from totally agricultural and rather modest backgrounds also by the Nepalese standard. E.g. Shalik was that first ever finishing high school in his village. During his school level education he usually used pine wood and some time kerosene for light to complete home assignment and reading because there was no access of electricity. As pro-active, enthusiastic and hard working, already rather experienced health workers, they both got a stipend to study in Esbjerg, Denmark. Without the stipend it would have been totally impossible to even think of studying abroad. We understand this when we know that the Nepalese average annual income is 2500 kr. It is probably also difficult for Danes to fully grasp what it means for parents of two children, age eleven and seven years, like Madhu and Shalik have, to study this far over two years each and have their children back at home. Their children attend a boarding school in Nepal and the sister of Madhu is taking care of their daughter at Surkhet and brother of Shalik is taking care of their son in Kathmandu.

What brought Madhu and Shalik to Esbjerg?

Both Madhu and Shalik wanted to study public health to learn a wider perspective on dealing with health challenges. They both feel that the Nepalese approach is either rather medical or health education oriented but not targeting societal or environment issues and their impact on health, or the role of policies in health promotion e.g. in the area of nutrition. They came across our study program by searching 'master of public health and scholarship' via internet; Shalik found SDU while sitting in a cyber cafe where he also searched for teaching material for his work.

Shalik wanted to study medicine but the family had no money for the study fees, so he embarked the studies of social sciences which were free, but he soon moved to study 1.5 years to become a Community Medicine Assistant (paramedic). He worked in this role 12 years carrying out tasks such as preventive, promotive and curative health care. He was a busy man, since he also established a pharmacy, studied a Bachelor's degree in health education in Nepal and post graduate diploma degree in health promotion and education in India, and after that he functioned as public health lecturer for four years in several colleges. This is not enough yet, since he has also published two books (in English), one about health education, health care system in Nepal and first aid; and the other one about pharmaco-epidemiology and environmental health. And all this BEFORE he applied for the SDU studies! He has now got his MSc in public health degree at SDU, where his thesis dealt with the quality of care in maternal and neonatal services at the primary health care settings in Banke district in Nepal. He travelled home a year ago to gather his data (and to see his children and parents), and that three month visit home is the only one during his 2.5 years stay here. Shalik would like to continue and, if possible, do his PhD degree in Denmark too. He continues working on his articles based on the thesis and new books.

Madhu has also rather extensive experience from the health sector in Nepal. She studied population health; and before and after her Bachelor's degree she worked 10 years in the public health sector for Nepal Red Cross Society; the DFID funded Nepal Safer Motherhood Project; Practical Action; and also for Support to the Safe Motherhood Program as a research consultant mainly on health and sanitation issues and on enhancing hospital deliveries with the aim to decrease maternal mortality. She started to work after her high school education since she had to earn money for her college education and house expenditure. Her work targeted both at 'hard' issues such as water quality and 'soft' issues such as health education. In the interview Madhu raised the point that in the traditional society of Nepal, child-bearing women have very little decisional power; it is men and mothers-in-law who decide on the pregnancy and delivery matters.

Studies and life in Esbjerg

I asked what Madhu and Shalik have learned and what they will take home as their mental capital from their studies at SDU. Shalik lists issues such as practical knowledge about teaching, teacher-student interaction, academic writing skills and skills to read scientific papers. As a rather experienced public



Figur 3 Madhu Koirala (Dhital) and Shalik Ram Dhital

health worker and teacher himself, it is understandable that these kinds of practical skills come high on his list instead of health contents of the studies. Madhu's list contains e.g. learning advanced computer skills and learning about the educational structure at the university. Both also express a kind wish for more integration with the Danish students in the study assignments. Madhu and Shalik work hard and want to take all opportunities to learn as much as possible while abroad. In the weekly phone conversations with the family at home their son encourages them by questioning and keeping track on the grades this parents get from their exams!

Madhu and Shalik hold to their Nepalese meals on a daily basis and they have found small ethnic shops where they can also find for a reasonable price vegetables they love to eat. Talking about the Danish food they praise- dark bread with butter and fish. They have some good Danish friends out of university life like family members in Esbjerg, who provide social affection.

Back home to apply new knowledge

When Madhu and Shalik return home to Nepal, they will join about half a dozen health promotion experts in the country (of 27 million people). They see as their biggest challenge to strengthen the understanding the importance of health promotion like we understand it in our study program: structural, environmental, community and policy approach. Nepal faces public health challenges such as acute respiratory illnesses, intestinal worms, gastritis, pyrexia of unknown origin, skin diseases, headache, amoebic dysentery, presumed non-infectious diarrhea, falls/injury/fracture, malnutrition – but also growing overweight problem and cardiovascular diseases with all its chronic diseases risks, though mostly in urban areas due to increasing sedentary life style of people. The major causes of death are: infectious diseases and maternal, prenatal and nutritional problems (50%), non-communicable diseases and congenital problems (42%) and injuries and accidents (8%). One of the central challenges is rural health, since in the absence of diagnostic facilities, many health problems remain hidden. Eighty percent of the population has access only to primary health care, which is provided free of cost. However, there is lack of health care personnel especially in the rural areas in this mountainous country. Madhu and Shalik have a common dream. They would like to work towards starting an international master program in English in Nepal. It should be a European standard program and e.g. Master of Science in Health Promotion with two specializations: one in nutrition and the other one in health economics.



Interview by Arja R Aro

Referat

Madhu Koirala (Dhital) og Shalik Ram Dhital er to gode eksempler på den internationalisering, som kandidatuddannelsen giver muligheder for. De er gift med hinanden, er begge fra Nepal og kommer fra beskedne levevilkår. Efter at have arbejdet i sundhedssektoren i en række år besluttede Shalik at søge om et stipendium og fik det. Han rejste først til Esbjerg alene og påbegyndte studiet. Efter lidt tid kom Madhu og startede også på uddannelsen. De har givet afkald på mange ting, som kan være svært for danskerne at forstå - bl.a. er deres børn i Nepal, hvor de går på kostskole og bliver passet af Madhus søster og Shaliks bror.

Grunden til at de kom til Danmark for at studere, var kandidatuddannelsens tilgang til samfundsmæssige problemstillinger som miljøpåvirkninger på folkesundheden, sundhedspolitikkers rolle til sundhedsfremme, mv. Mange af disse aspekter er ikke muligt at fokusere på i Nepal, da tilgangen er mere baseret på medicin og sundhedspædagogik.

Studietiden i Esbjerg har givet dem mange oplevelser og redskaber, som de vil bruge i fremtiden. Bl.a. har de fået mere praktisk viden om at undervise, forholdet mellem underviser/studerende og at skrive akademiske rapporter. Planen er nu, at Madhu skal blive færdig med kandidatuddannelsen og Shalik vil gerne blive optaget som ph.d. studerende i Danmark.

Referat af Peter Gry

Studying MSc in public health with nursing background/Læse en Kandidat med en sygeplejerske baggrund

Christina Mischorr Boch will soon hand in her master's thesis for Master of Science in Public Health. In this interview Christina tells about her experiences with the master study at SDU: how it has been to embark university studies with bachelor degree in nursing and as a mother of two; what she has learned; and what are her future work plans and dreams.

Christina got interested in the topic of public health during her nursing school public health course. She was interested in the teaching career, potentially at a nursing school, and was planning to continue towards a master's degree in nursing in Århus. However, she got two children, in 2004 and 2006; and she also had an illness, which made it difficult to continue a nursing career. MSc in public health in Esbjerg offered her what she was interested in and also promised a wider perspective in health and illness than nursing.



Figur 4 Christina Mischorr-Boch

New way of studying

Professional bachelors, like also most of the foreign students, take a bridging course before entering the master programme. The bridging course, which is organized partly on-line, partly as an on-site course in Esbjerg in August, provided also to Christina an upgrading of knowledge and skills especially in the research

methods. Anyway, according to Christina, it remained a challenge to study at the university level, since it required a new way of studying, including reading scientific articles and understanding e.g. health promotion from different perspectives. On the other hand, with her nursing background she was equipped with contextual information, which many of other the students lacked. She had learned already to look at health problems from both a professional and patient perspective. English as the teaching and studying language gave no problems.

Study, work and family

Along her master studies Christina has worked as a part-time academic staff member in the Unit for Health Promotion Research since August 2009. She is involved in Public Health Genomics EU project, in which the first European manual for public health genomics will be developed; and the Unit is co-responsible for the part of the manual which deals with the user perspective. Cristina's task is to participate in the evaluation of the existing guidelines in the field of public health genomics. EU collaboration with partners from different cultures has taught her to make compromises and to fit her own work into the flow of others.

When asked how the work, studies and family life fit together, Christina says: 'never again'. Anyway, she has noticed that juggling with different tasks she has learned to prioritize and plan and has e.g. got better grades in her studies now than before she started working. However, she gives credit to her husband, who has been able to take a large part of the family responsibility.

Future plans

Christina's master thesis deals with the *quality and contents assessment of public health genomics guidelines and informed consent*. She plans to continue towards PhD studies. She would like to increase awareness in Denmark concerning the promises and challenges in the field of public health genomics; and as one way to do that she sees establishing a national platform of different stakeholders in the field like many countries have already done. As a future work Christina would like to do teaching and counseling.



Interview by Arja R Aro

Referat

Christina Mischorr Boch er oprindeligt uddannet som sygeplejerske og blev interesseret i folkesundhed under sin uddannelse. Da hun valgte at læse kandidatuddannelsen i Esbjerg, skulle Christina igennem et brobygningskursus, hvor hun blev forberedt og "klædt på" mht. at studere på et universitet, som er noget anderledes end en professionsbachelor. Foruden studiet fik Christina et studiejob, hvor hun blev involveret i et EU-projekt. Hun fortæller, at det til tider har været svært at få arbejde, studierne og familielivet (mand og to børn) til at hænge sammen. Christina skal snart aflevere sit speciale og håber på at fortsætte som ph.d. studerende.

Referat af Peter Gry

VIP i Esbjerg/VIP in Esbjerg

En del af vore kandidatstuderende starter med en bachelor i Folkesundheds-videnskab her i Esbjerg. Vi har derfor interviewet 4 fra det nuværende 5.semester på bacheloren med henblik på at udforske hvad der er med til at fange interessen for folkesundhed og hvordan de har oplevet at studere folkesundhedsvidenskab i Esbjerg.

Da det var tid til at vælge uddannelse for disse fire studerende var Uddannelsesguiden (www.ug.dk) en

god hjælp. For Okje var det primært hendes onkel der er læge som overbeviste hende om at hun skulle søge ind, hvilken hun ikke har fortrudt. Uddannelser der var underovervejelse i beslutningsprocessen varierede fra tandlæge og farmaceut til indiansk sprog og kultur. Det at bacheloren i folkesundhedsvidenskab er bredt funderet ser de fire som en styrke og de oplever at det åbner op for mange muligheder i fremtiden.

”Vi har nærmest fået et personligt forhold til vores undervisere hvilket har fået os til at føle os som VIP i Esbjerg”

De studerende fortæller at deres fremtids job stadig står lidt uklart for dem, men muligheder som at arbejde i en kommune og arbejde som sundhedskonsulent er blandt de første der bliver nævnt. Blandt de lidt mere uklare visioner fortæller Sisell at hun gerne vil være med til at bryde sociale mønstre. Sarah indrømmer at hendes hjerte stadig banker

for at ”redde verdenen” om end hun selvfølgelig ved at hun må begrænse sin definition ved eksempelvis at fokusere på adfærdsændringer i første omgang.

Interview af Stella RJ Kræmer



Figur 5 Fra venstre: Sarah Bek Olesen, Randi Nørgaard Fløe Pedersen, Okje Anna Koudenburg. Ikke til stede/not present: Sisell Larsen

Det nuværende 5.semester har altid været en lille klasse, men de har altid oplevet at der ikke blev sparet på gode undervisere fra nær og fjern. Stemningen i klassen har været intim og med en god dialog indbyrdes og med underviserne.

Det har dog været en udfordring undervejs at finde studie jobs da der stadig er mange der ikke ved hvad en folkesundhedsstuderende til.

Abstract

Some of our bachelor students continue on as master students. These four girls are from our current 5th semester and they were attracted to Public Health due to the wide foundation in health. The fact that they have been a small group has strengthened them and has been a positive reinforcement to dialog within the group and to the teachers.

Abstract by Stella Kræmer

Master theses within the last year / Specialer forsvaret inden for det sidste år.

Vores studerende har meget forskellige interesser inden for folkesundhed, hvilket tydeligt ses i titler såvel som indhold af deres specialer. Mange af disse specialer er til og med tilgængelige via Syddansk Universitets eget bibliotek.

Specialetitel	Tidspunkt for forsvar	Tilgængelig på biblioteket
"Assessment of the quality of care in maternal and neonatal health service at primary health care settings of Banke District, Nepal 2010"	24.09.2010	√
"Du bestemmer – vægten indeni – Hvordan evaluerer de deltagende instruktører og elever interventionsprocessen, og hvilken betydning har deltagelse i interventionen haft for elevernes self-efficacy og sense of coherence?"	08.09.2010	√
"Tandbørstningsvaner, social- og etnisk baggrund – et epidemiologisk studie af 11-15-årige i Danmark"	27.07.2010	√
"The influence of school canteen environment on food choice among 10 to 14 year-old school children"	01.07.2010	√
"A scoping review of access to public health services by undocumented migrants and their health conditions in the EU and Switzerland"	01.07.2010	÷
"Fødselsvægt og sædkvalitet – En undersøgelse af 3158 unge, danske værnepligtige"	25.06.2010	÷
"Jeg elsker mit fag, men jeg hader mit job – En analyse af udvalgte forhold i sygeplejerskeuddannelsen, der kan fremme den nyuddannedes oplevelse af sammenhæng og reducere stress"	10.06.2010	√
"De siger, det skulle være så sundt..." – Et kvalitativt studie af førstegangsmødres oplevelse med spædbarnsernæring"	01.03.2010	√
"Børn i misbrugsfamilier – konsekvenser, behandling og fremtidsudsigter"	11.02.2010	÷
"Det psykiske arbejdsmiljø i IT-virksomheden NNIT – En metodetriangleret undersøgelse af NNIT's afdeling PharmaIT P&L's psykiske arbejdsmiljø"	09.02.2010	÷
"Organisationsstrukturen på sundhedsområdet i Kolding Kommune – En implementeringsanalyse"	13.01.2010	√
"Operation 0 spørgespatienter – muligheder for kapacitetssøgning i almen praksis"	21.12.2009	√
"Kønnetns betydning for forebyggelse af overvægt i almen praksis"	14.12.2009	÷

"Et kvantitativt studie over sammenhænge mellem børn og unges sundhed og undervisningsform i skolen"	18.11.2009	√
"European student lifestyle and beliefs – Alcohol, tobacco and recreational drug consumption"	18.11.2009	√
"Evaluation of Health Profile use in Haderslev Municipality"	12.11.2009	√
"Forebyggelsesstrategi af hjemme- og fritidsulykker blandt børn i kommunalt regi – En analyse af skadestuehenvendelser og social ulighed"	28.09.2009	÷
"SKV screening – Et praktisk eksempel"	24.09.2009	√
"Organisationsudvikling og kvalitetssikring i sundhedsvæsenet – Rengøring og patientservice med afsæt i Den Lærende Organisation"	18.09.2009	(÷)
"Kvalitativ analyse af sammenhængen mellem sundhed og social kapital i Korsbærparken"	14.09.2009	(÷)

Samarbejde med University College-Syddanmark/Cooperation with UC-S

University College Syddanmark er den institution, som i det i den syddanske region udbyder en række bacheloruddannelser på velfærdsområdet såsom sygepleje, fysio- og ergoterapi, ernæring m.m. UC-S er placeret i bl.a. Esbjerg, Kolding og Haderslev.

SDU og UC-S har samarbejdet gennem flere år, og på centralt plan eksisterer der en samarbejdsaftale, der lægger nogle brede rammer for dette arbejde.

På lokalt plan, mellem UC-S's afdeling i Esbjerg og Forskningsenheden for Sundhedsfremme, har vi en samarbejdsgruppe, der ikke mindst har diskuteret mulighederne for samarbejde omkring uddannelsen i Folkesundhedsvidenskab ved Syddansk universitet i Esbjerg og sundhedsuddannelserne ved UC-S i Esbjerg. Samarbejdsgruppen har netop fremsendt nogle ideer til det videre samarbejde.

For det første skal vi intensivere forsøgene på at få interesserede studerende ved UC-S til at søge optagelse ved kandidatdelen ved Folkesundhedsvidenskab. Vi skal mere målrettet informere om kandidatuddannelsens perspektiver, herunder den særlige sommerskole som danner overgang mellem professionsbacheloruddannelserne og vores kandidatuddannelse. For det andet kan vi samarbejde omkring udviklingen af undervisningen i bestemte fag, ikke mindst valgfag og metodeundervisningen.

Referat

University of Southern Denmark and University College South Denmark has collaborated for many years. The Unit for Health Promotion Research (SDU) and a local unit at University College South Denmark (UC-S) have a working group which is discussing the possibilities of a closer collaboration about the Bachelor and Master of Science (MSc) in Public Health. Some of the issues are informing the students at UC-S of the perspectives of taking a MSc in Public Health and a closer development of the teaching programs in certain subjects.

Referat af Peter Gry

Men samarbejdsgruppen har også ideer til mere vidtgående samarbejdsformer. Således kunne de forskellige curricula i Folkesundhedsvidenskabs bachelorprogram og UC-S's bacheloruddannelser på sundhedsområdet samstemmes eller "tones", således at der kommer bedre muligheder for fleksible overgange mellem de forskellige uddannelser og uddannelsesniveauer. Vi skal endelig heller ikke glemme, at der på sigt kan være spændende samarbejdspektiver i forhold til UC-S's bacheloruddannelser *udenfor* sundhedsområdet, såsom lærer- og socialrådgiveruddannelserne. UC-S har også 6 *videnscentre*, der fokuserer på forholdet mellem professionsuddannelser og professionel praksis, og også her er der indlysende muligheder for kontakter til undervisning og forskning ved SDU i Esbjerg.

Disse videre perspektiver forudsætter et konkret udviklingsarbejde, hvis rammer de to institutioner nærmere skal diskutere!



Pernille Tanggaard Andersen og Jens-Jørgen Jensen, Lektorer ved Forskningsenheden for Sundhedsfremme og medlemmer af samarbejdsgruppen.

New positions at SDU Esbjerg/Nyes positioner på SDU Esbjerg

Gabriele Berg-Beckhoff appointed as new associate professor for epidemiology and biostatistics

Up to now the Unit for Health Promotion Research did not have a full position in epidemiology and biostatistics. In the past, this area was provided for teaching through ½ position in biostatistics from the department of biostatistics in Odense and some teaching delivered through staff from the department of epidemiology in Odense. As this required a lot of travelling for these essential teaching topics and led to a lack of statistics counselling options present in Esbjerg both for teaching and research, it was decided to establish a full associate professor position in Esbjerg. Gabriele Berg-Beckhoff was appointed for this position and stated October 1st, 2010. She was assistant professor in Epidemiology in the Faculty of Health Sciences at the University of Bielefeld and taught statistical methods and epidemiology. Her research area is method development and nutritional and environmental epidemiology. Challenges like how to estimate risk perception of environmental risks or how to measure unbiased health outcomes like nutritional habits during or after rehabilitation provides interesting new opportunities for the Unit of Health Promotion Research.

Anita Ulrich, post doc

Post.doc. ved Forskningsenheden for Sundhedsfremme, Esbjerg, 1. august 2010 til 31. marts 2011. Antropolog fra Københavns Universitet. Ph.d. i humanistisk sundhedsvidenskab fra Syddansk Universitet, Odense. Ansat på FELIS-projektet (Flerstrengt Evidensbaseret Lokale Indsatser for Sundhedsfremme) i samarbejde med Fredericia kommune. Delprojektet som Anita Ulrich undersøger, omhandler at følge og analysere en svømmeintervention for kvinder i det socialt udsatte boligområde, Korskærparken.

Esbjerg University Prize / Esbjerg Universitetspris 2010

PhD student in The Unit for Health Promotion Research Maja Larsen has been assigned “Esbjerg University Prize, 2010”.

This prize is given by Esbjerg Erhvervsudvikling and Danske Bank to an excellent student at Aalborg University Esbjerg or University of Southern Denmark Esbjerg. The prize is given especially for promoting research on innovation, competence and internationalization.

The main motivation for Maja’s nomination was:

“Maja is a prime example of the future generation of academics, who can bridge scientific research and the challenges in the surrounding society. In addition to her outstanding skills in research, teaching and in communicating, she is very popular in marketing Esbjerg-based university studies also more widely. Maja has also shown that having interest and motivation in local developments and networking can without problems be linked with international and global activities and interests”.



Figur 6 Denmark's Minister for Science, Technology and Innovation Charlotte Sahl-Madsen handed over the University Prize to Maja Larsen

Referat

Ph.d. studerende Maja Larsen blev en ud af tre prismodtagere af Esbjerg Universitetspris 2010. Maja blev bl.a. fremhævet for sit forskningsarbejde, undervisning og kommunikation.

Referat af Peter Gry

Future events/Kommende events

Next publication/næste udgave

The next HPR News will be circulated in February/March 2011. Please forward contributions to Stella at skraemer@health.sdu.dk before the 15th of January 2011. Meanwhile, please follow our Unit website to have advance information e.g. about our monthly research seminars. For more information about the programme and speakers: www.sdu.dk/healthpromotion

Det næste HPR News vil blive sendt ud februar/marts 2011. Fremsend venligst indlæg til Stella på skraemer@health.sdu.dk før d. 15. januar 2011. I mellemtiden er det muligt at følge Enhedens hjemmeside for at få information om de månedlige forsknings seminarer. For mere information om program og oplægsholdere: www.sdu.dk/healthpromotion