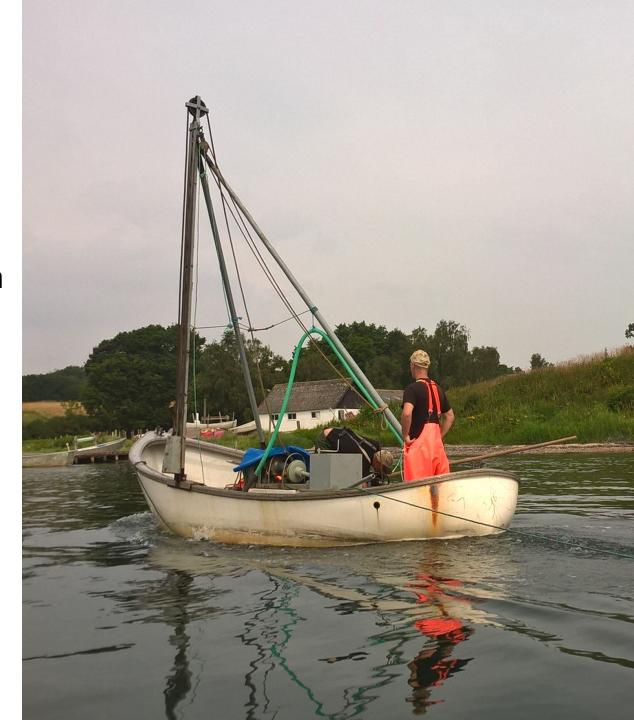
Right course: Self-perceived psychosocial consequences of regulation changes in the fishing industry – an action research approach

Ergoship

03.11.2023

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Agenda

• Presentation of the Research Project: "Right course"

The chronicle workshops and empirical results.

The co-creation workshops and how to improve the psychosocial work environment.

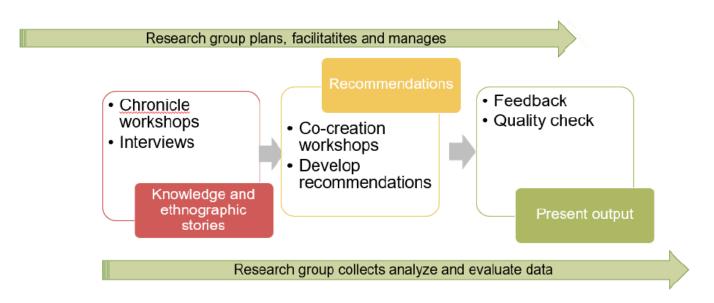


About the project

 The Danish fishing industry has seen an increased number of regulatory changes in the last ten years.

 In collaboration with different parts of the industry, we will make some recommendations for decision-makers.

 The aim is to create a better dialogue with the industry.







Methods: The chronicle workshop

- A way to find out what has happened for a group of people
- Involved a broad selection of fishermen
- Consisted of three rounds:
 - 1. Significant events
 - 2. Significant actors
 - Consequences experienced by participants





No trust	Frustration	Bad mood	Difficult to attract new fishermen	No Future
Poor health	Stress	Few colleagues	Injustice	Flight from the industry
Dispondency	Criminalisation	Lost pride	No motivation	Powerlessness
	Want to stop fishing	Meaning- lessness	Fear	





Co-creation Workshops

- Focus on psychosocial work environment challenges
- Have three targets:
 - 1. Establish a dialogue between the partners
 - 2. "Translate" knowledge to the fishing industry
 - 3. Make recommendations for decision makers





Process and results

Standpoint: "The fishermen have not enough control over their own job"

→ "There is a lack of interest in and/or involvement of the fishing industry in Danish politics"

Solution: More collaboration and dialogue





Concluding remarks

Methods form the result

The Chronicle Workshops, made it possible to make contact with fishermen

• The Co-creation Workshops, gave new perspectives and guided us in the right direction

