Patient- and doctor-related factors associated with control of hypertension in general practice in Denmark
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Background

In patients treated for hypertension in general practice in Denmark only 50% have controlled hypertension (BT<140/90 mmHg, patient with diabetes < 130/80 mmHg).

Aim

The aim of the present PhD study is to analyze patient- and doctor-related factors associated with the control of hypertension (comorbidity, socioeconomic status, gender, age and compliance).

Methods

In an APO audit about hypertension 184 general practices participated and each practice included 40 consecutively recruited patients with already diagnosed hypertension. The study population comprised 5878 patients who completed a questionnaire about their hypertension treatment, side effects, compliance, social and economic status, knowledge of the disease and knowledge of their actual blood pressure. The questionnaires to patients and the GPs are completed. The cohort will be analysed using different central registers to answer the objectives of the study.