

## NORDPLUS IDROTT NETWORK



### Programme

*16-18 November, 2011  
Lithuanian Academy of Physical Education*

*The Meeting will be held at the hotel Park Inn, Kaunas, coffee breaks and lunches will be served there, too.*

#### 16 November, 2011 (Wednesday)

	Arrivals
	Accommodation at the hotel <b>Park Inn, K. Donelaicio 27, Kaunas</b> <a href="http://www.parkinn.com/hotel-kaunas">www.parkinn.com/hotel-kaunas</a>
14.00-14.30	Coffee, refreshments and snacks
14.30 – 14.35	Aims of the workshop.
14.35 - 15.05	Presentation of every participating institution.
15.35 – 16.15	Discussion about meeting goals, activities and expected outcomes to the network partners.
16.15 -16.30	Coffee break
16.30 -18.00	Presentations on Biomechanics courses and research at each participating institution.
18.00 - 18.30	Summing up the first day of the meeting.
19.00	Dinner <i>at restaurant in Park Inn hotel</i>

#### 17 November, 2011 (Thursday)

8.30 -10.00	Presentation of Jan Brønd (University of Southern Denmark)	
10.00 – 10.35	Discussions about methods in teaching Biomechanics	
10.35 - 10. 50	Coffee break	
10.50 – 12.30	Visiting The Mechatronics Centre for Research, Studies and Information at Kaunas Technology University	
12.30 -13.30	Lunch	
13.30 -15.00	Visiting Movements Fundamental and Clinical Research Center at Lithuanian Academy of Physical Education.	
15.00 -15.30	Coffee break	<b>Nordplus-Idrott Network Meeting</b>
15.30 -16.15	Discussions about Biomechanics course learning outcomes and evaluation	
16.15 – 16.45	Discussions about further development of biomechanics group in network: goals, activities and expected outcomes	
16.45-17.15	Discussions about Biomechanics research projects	
17.15 – 17.30	Summing up of Biomechanics workshop	
17.30-19.00	Free time	
19.00	National dinner with folk-songs group "Ainiai" in "Kaunas" hotel at restaurant Kaunas 55°, Laisves avenue.79, Kaunas, LT-44297, Lithuania <a href="http://www.kaunashotel.lt">http://www.kaunashotel.lt</a>	

#### 18 November, 2011 (Friday)

8.30-10.30	<b>Nordplus-Idrott Network Meeting</b>
10.30-10.45	Coffee break
10.45-12.00	<b>Nordplus-Idrott Network Meeting</b>
12.30-13.30	Lunch
	Departure and free time

**NOTE:** Accommodation will be provided at the hotel "Park Inn", K. 27, Donelaicio street, Kaunas [www.parkinn.com/hotel-kaunas](http://www.parkinn.com/hotel-kaunas)

Lithuanian Academy of Physical Education will arrange transport for the participants, who will arrive to Vilnius airport.