

Minutes from Nordplus-Idrott Seminar in Bosön, Lidingö, Stockholm March 3rd – 5th

1. Welcome by Nordplus-Idrott managers Karsten Froberg, Thomas Skovgaard (SDU) and Suzanne Lundvall (GIH). The seminar had participants from the various network members – all countries were represented as well as a couple of new member countries. All participants presented themselves incl. area of research incl. focus group attendance during the seminar.
The main focus for the seminar was introduced as ‘Keeping the Nordic network going’ and ‘What kind of network & exchange can we keep up?’
Karsten Froberg gave a brief description of the Nordplus-Idrott network and Thomas Skovgaard gave a power point presentation – appendix A.
2. Remaining Nordplus-Idrott funds: Please send in additional applications for express mobility for students attending i.e. summer courses. Guidelines: the exchange has to take place before 1st of October 2014. Inform the students about this possibility at your home institutions.
3. Discussion about NIN
Accessibility }
Overview } NIN Promotion
Active use of us }
Possibilities of attending IP
Use of existing Nordplus website
Use Facebook
Preclearance of course work
How do we channel information about courses and teacher/student exchange possibilities →
i.e. staff meetings.
Links to course information.
Summer courses → website → direct link to the institutions having the courses
4. ‘Why should we go Nordic?’
At present it’s easier for the student to buy ‘An International Package’. The Nordic exchange requires much more work and info seeking.
A possible alternative could be a ‘project/internship’.
It’s a challenge that many universities promote international networking without putting funding of manpower into it.
Network Groups on the website → useful if the website contained more information and links to participating institutions & more focus on research, development and PE.

5. 'What is the Nordic?'

A sense of 'Belonging'ness' to the Nordic Region —→ In Norwegian 'Dugnad' – meaning 'do it free because you like it'.

6. Powerpoint presentation of research project by Kenneth Aggerholm – appendix B
Article presented by Kenneth Aggerholm – appendix C

7. Upcoming courses and other information from the participating institutions

Jyväskylä: International Course in November, 5 ECTS, Exercise Physiology, master level – <https://www.jyu.fi/sport/laitokset/liikuntabiologia/en/congresses/archive/int-symposium-2014>

Telemark: PhD module spring 2015, Culture, Sport & Society. Unfortunately not possible to get funding from the Nordplus-Idrott network since it's a PhD course. There are other possibilities for PhD courses in the Nordic region.

2 outdoor life courses in English – one each semester, 30 ECTS x 2, bachelor level.

Contact Simon Jeppesen for information and registration: simon.jeppesen@hit.no

Malmö: Summer 2015 – ECSS Conference

Also Malmö has 2 courses each semester, where international students are welcome – link to one of the courses: <http://edu.mah.se/en/Course/IF106E#Overview>

Mats Johnsson is international coordinator and the one to contact: mats.johnsson@mah.se

Iceland: We need to use the website more to promote course. Either as an open platform or Facebook.

Lithuania: Official invitation to all to attend Karsten Froberg's inauguration in April. He has been appointed Honorary Doctor at Lithuanian Sports University.

SDU: The background for the hopefully upcoming courses applied for in the next Nordplus Application is: '45 min PA in every school class every day'. The RICH center has over the past years received €5 mill. for research in physical activity, health & cognition. Link www.sdu.dk/rich

8. Meetings in focus groups – notes from these meeting will shortly be at the webpage.

9. Wrap-up – conclusions after the seminar:

- More flexible courses – shorter courses
- More active in asking students to go to other universities for shorter stays + applying for Nordplus-Idrott grants.
- Idea: Visit of a teacher + 4-5 students to another university. The aim should be to take part in the normal day in order to see if they would like to participate next term for a longer period. This kind of exchange doesn't necessarily has earn credits – or maybe the hosting university could create short courses 1-2 ECTS 'International Visit' – as they have done in Jyväskylä. Procedure could be to either contact the

institution's Nordplus-Idrott coordinator or it could be done within the framework of the focus groups?

- We need a coordinator from each focus group and the website could contain a list of contacts – 1 from each country
- All focus group attending this seminar should send in a written report about the topics and discussions in the group to cdickmeiss@health.sdu.dk. The report should also include the name of the coordinator for the next year until the next meeting.
- Each institution should send in a list of who's in the different focus group areas to cdickmeiss@health.sdu.dk:

Focus group area	Contact person
Nordic Outdoor	Name, email
Dance	Name, email
Etc.	Name, email
Etc.	...
...	...
...	...

- Goals from the focus groups:

Outdoor: Dropbox, new date to meet, finder others from other institutions

Pedagogies: Meet again in October 2014 in connection with conference

Swimming: Meeting in connection with next Nordplus-Idrott meeting + 1 day summer 2016, International course and track down new members

Dance: Meet again in October, track down new members

Ballgames: Collecting contact names, the focus group is an existing and productive group with meetings each year for the past 10 years. Next meeting in November 2014.