

Inaugural seminar

Professor Peter Krstrup

***"Promoting Health and Boosting Performance: Football Fitness,
'FIFA 11 for Health' in Europe and Elite Football Research"***

26 January 2017 from 14:00 hrs CET

Conference room 0100, University of Southern Denmark

Campusvej 55, 5230 Odense M

On the occasion of Peter Krstrup's appointment as professor of Sport and Health Sciences at the Department of Sport Science and Clinical Biomechanics, University of Southern Denmark, the Faculty of Health Sciences hereby invites you to attend an inaugural seminar with the following program:

14.00-14.10: Introduction and welcome

Ole Skøtt, Dean, Faculty of Health Sciences, University of Southern Denmark

14.10-14.35: *"Movement analyses, testing and training in sports for participants across the lifespan"*

Craig A. Williams, professor, PhD, Director of Children's Health & Exercise Research Centre (CHERC), Sport and Health Sciences, College of Life and Environmental Sciences, University of Exeter, UK

14.35-15.00: *"Sport and physical activity - muscle recruitment, energetics and musculoskeletal adaptations"*

Jose Antonio Lopez Calbet, professor, MD, PhD, Department of Physical Education, University of Las Palmas de Gran Canaria, Canary Islands, Spain

15.00-15.15: Short break

15.15-16.15: *"Promoting Health and Boosting Performance: Football Fitness, 'FIFA 11 for Health' in Europe and Elite Football Research"*

Peter Krstrup, professor, PhD, Research Unit of Sport and Health Sciences, Department of Sport Science and Clinical Biomechanics, Faculty of Health Sciences, University of Southern Denmark

After the seminar, a reception will be held outside the auditorium.

The Faculty of Health Sciences would like to invite all interested persons to attend the seminar and the following reception.

If you wish to participate, we kindly ask you to register [HERE](#) no later than 20th January 2017.

For further information or questions please contact secretary Rikke Beining at rbeining@health.sdu.dk

Best regards,

Ole Skøtt
Dean

[Driving directions](#)

The Presenters:



Professor Craig A Williams is internationally recognized for research in paediatric exercise physiology. He specialises in investigating the physiological responses to high intensity exercise and fatigue in children and adolescents (6-18 years). This work is translated into clinical settings e.g., children with cystic fibrosis and congenital heart disease, as well as, applied youth sports performance (particularly in relation to the long term development of young athletes). He is Director of the Children's Health and Exercise Research Centre based at the University of Exeter.



José Antonio López Calbet is professor of Exercise Physiology, University of Las Palmas de Gran Canaria, Canary Islands, Spain. He is Master in Sports Sciences at the University of Barcelona Medical doctor (Hospital Clinic Barcelona) University of Barcelona. He has Specialty in Sports Medicine at the University of Montpellier (France) and University of Barcelona Specialty in Rheumatology PhD at the University of Barcelona. Postdoctoral appointments: The Copenhagen Muscle Research Centre, Rigshospitalet, Copenhagen, Denmark. His main topics of research are cardiovascular response to exercise; obesity and exercise, with emphasis on the molecular mechanism by which leptin and insulin act on human skeletal muscle. He has published more than 240 papers in peer reviewed journals and been a member of the editorial board of: Journal of Applied Physiology; Scandinavian Journal of Medicine and Science in Sports, European Journal of Applied Physiology, PLoS One and The Journal of Physical Activity and Health.



Peter Krstrup is Professor of Sport and Health Sciences at the University of Southern Denmark, Odense, Denmark, and Honorary Visiting Professor of Sport and Health Sciences at the University of Exeter, United Kingdom. He is 45 years old and is a world leading expert in football science. He has authored 225 original research articles, of which 120 deals the fitness and health effects of football and other sports, and another 80 with physical-tactical-technical match analyses, fatigue, recovery, training and testing in elite football. Started his pioneering research in Football for Health back in 2003 and is now the leader of a group of 150 researchers in 15 countries. He has played football since the age of 5 and is hoping that he is just about halfway through his career. He has played 200 matches in the Danish 2nd and 3rd League and has been a football coach for a total of 15 years. He is UEFA A-license Coach, was assistant coach for the Danish Women's National Team winning a bronze medal in the Euro 2013 and is currently participating in the UEFA Pro-license course.