

EYHS DATA

Anthropometry

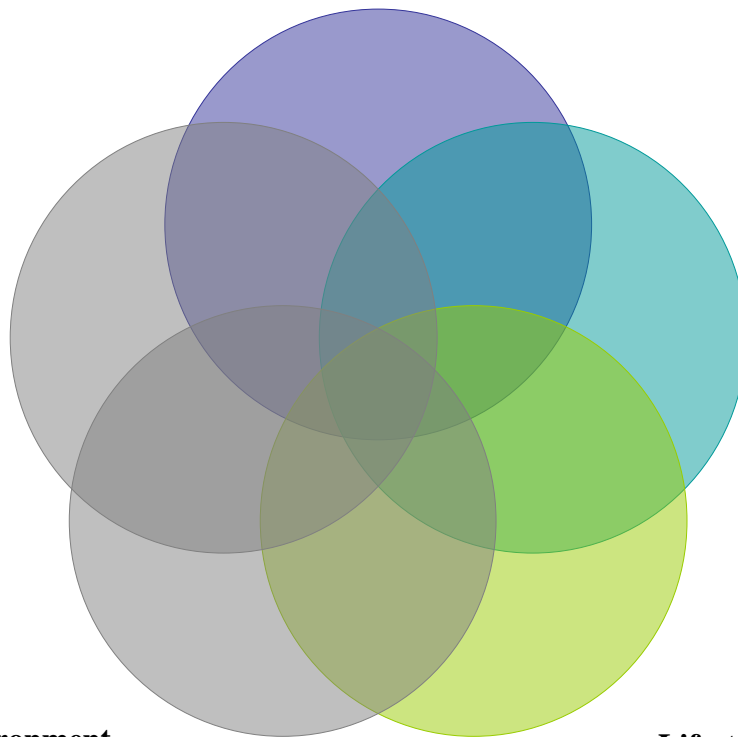
- Height
- Weight
- Skinfolds
 - Triceps
 - Biceps
 - Subscapular
 - Suprailiaca
 - Calf
- Circumference
 - Waist
 - Hip
- Tanner ratings

Physical fitness

- Watt-max test
 - Max HR
 - Max watt
- Strength
 - Bag
 - Abdomen
- Endurance
 - Bag

Blood

- Ldl
- Hdl
- Vldl
- Triglyceride
- Glucose
- Insulin
- Cholesterol
- Blood pressure
 - Systolic
 - Diastolic



Heredity & environment

- Genes
- Parental questionnaire
 - Self-reported health status
 - Family income
 - Level of education
 - Child ethnicity
 - Family history of CVD
 - Level of CVD risk
 - Child's birth weight
 - Breast-feeding practices
 - Occupation

Lifestyle & personality

- Physical activity (MTI)
- Dieting habits (Interview)
- Questionnaire
 - PA characteristics
 - Attitude to PA
 - Smoking, alcohol, & diet habits
 - Psychosocial factors