



# SDU International Club

OFFICIAL NEWSLETTER

No.101 – December 2015

## December Calendar

**December 1<sup>st</sup> and 15<sup>th</sup>**

**@ 11.00 to 13.00**

***Spouse Café for partners!***

*(In cooperation with Odense International Community)*

It does not matter if you are new to Odense or if you have been here for a while. Come meet other accompanying partners for a chat and a coffee. Don't miss the last two dates of the year.

**Where:** The café at Kulturmaskinen, Farvergården 7, 5000 Odense C. **No need to sign up.** See you there ☺

**December 3<sup>rd</sup> @ 17.30**

**IC Movie Night**

Join our Cinema Evening – let's enjoy a movie at the cinema! We will meet at Cinemaxx at 17.30 to have a drink before seeing the movie "The Martian" in 3D. *Sign up no later than the 2<sup>nd</sup> December to book your places, at: jarl@sdu.dk*

**December 6<sup>th</sup> @ 15.00 to 18.00**

**Family Christmas Get Together**

*(In cooperation with Odense International Community)*

Meet other expat families for our Christmas get together. We will have food, drinks and activities for you and your children.

More information will follow later.

## ...celebrate life...

by Evelina Kvartunaite

And, again, we are at this moment of change and of gratitude. A moment that can also be a perfect space to think about things that touch us. And I was thinking about a certain artist ...

Frida Kahlo didn't teach me to observe my toes in the tub. I still know very little about surrealistic life. I still don't know very well how to be a ribbon around a bomb ...

And yet she taught me to mark my body with pain. Like a map. To follow it. To read. To stand by each marking knowing that nothing happens with no reason. And probably that is how I don't get lost. And I remember every single moment and every single reason behind it. So, in every hanging minute I would still stand up tall to be myself, even if my body was failing.

She taught me to be most and foremost be honest with myself. To see the grace in moments of vulnerability, in moments of undeserved solitude. To be grateful for all of it. The bomb is still there. And I am still just a ribbon..

Happy holidays and very happy 2016!



## December 8<sup>th</sup> @ 19.00

### Goodbye to Sandra and 2015!

You will now have the chance to say goodbye to Sandra for 10 amazing years! At the same time, you will have the opportunity to wish each other merry Christmas. So, come and enjoy a wonderful evening among friends and bring a dish to share (it doesn't matter if you buy one!)

Where: Tietgens Allé 4, 5230 Odense

Sign up no later than 7<sup>th</sup> December  
jarl@sdu.dk

## December 10<sup>th</sup> @ 17.00

### International Christmas Meet-up

Let's gather for the last meet-up of the year in an expat's home in Odense. Bring a friend and join us for a 'hyggelig' Christmas meet-up with æbleskiver and glögg.

Where: Tietgens Allé 4, 5230 Odense M

Sign up: internationalcommunity@odense.dk

### Christmas is all around!

This is the time of year when a lot of free activities and events take place in the city. The huge Christmas tree on City Hall square is beautiful and Christmas lights all over the city makes it very special to go for a walk along the pedestrian streets. Besides that, there will be the Christmas markets. A market next to Magasin all of December and the H.C. Andersen market in the old quarter during the first two weekends of December.

So, go out and enjoy the Christmas spirit in your city.



# ...never a goodbye...

So, this is me. With probably too much exposure and too much Italian sun. But it's me who thinks of things. Mostly too much ... and lately I think that things happen. And mostly they happen a lot. And lately they happen more than I let myself believe. So, I just leap into the oblivious feeling of faith and hope and I, once again ... admit that before I die, I want to fall into pieces, because leaving this world full and untouched is simply unthinkable. I want to feel what it really is for a spiritual being to have a human life and, to be perfectly honest, I think I have had some pretty good idea and experience of what pain really is.

And all that said, it is still a bit weird to say goodbye to all of you reading this. We have been together for 101 issues now and it somehow makes sense for me to disconnect. To start new (ad)ventures. There is still so much for me to learn. I want to know everything there is to know about the black holes and quiet corners of the momentary happiness ... and I want to at least try to see the little invisibly lurking line between them ...

We are all leaking life in the most unexpected ways. And all that gets mixed up with each of us we touch, we breathe, we inhale and forget to exhale. So, I want to wish you well and remind you to always behave happy!

love,  
Evelina  
evelina@kvartunaite.com

### Remember about the monthly options offered by the SDU International Club

- IC for Children. If interested contact [jarl@sdu.dk](mailto:jarl@sdu.dk)
- Yoga for beginners. If interested contact [forrai@sdu.dk](mailto:forrai@sdu.dk)
- IC Football, every Sunday from 16.00 at SDU hall number 2. For more information contact Domen Bajde at [bajde@sam.sdu.dk](mailto:bajde@sam.sdu.dk)

