



# SDU International Club

OFFICIAL NEWSLETTER

No.36 – June 2010

# June

## Events



# CHANGE

**All religions, arts and sciences are branches of the same tree.**

~ Albert Einstein,

German physicist and philosopher, 1879-1955.

### June 2<sup>nd</sup> @ 19.00 Stammtisch

La Piazza Restaurant welcomes the SDU's International Club with delicious Italian food and a warm and international table. Please sign up for this activity by sending an email to [sgg@sdu.dk](mailto:sgg@sdu.dk).

### June 3<sup>rd</sup> @ 13.30 Danish culture for spouses @ Fynsk Erhverv, Albani Torv 4, 5100 Odense C.

On arrival ask for location at reception.

The course will be taught by Senior Consultant Lotte Holck from Foreningen Nydansker (New Dane Association).

#### Course agenda:

Introduction: What characterizes Danish work-place culture. What to expect when you apply for a job or work in a Danish organization / business.

Significant aspects of Danish work-place culture – in comparison with other countries. Sharing your own experiences of working and living in Denmark.

Workshop where the participants will discuss different everyday work situations, and how you deal with these at different work places in different countries.

Good advice on how to deal with Danish work-place culture from a foreigners point of view.

Short verbal evaluation of the spouse network courses and ideas on how to anchor and consolidate the network.

One very clever proverb says that it is a curse to be born in a time of change. I keep on wondering why. Why are people so scared of change? Why it is so scary to leave known, yet relative, comfort for unpredictable miracles and possibilities? Because you don't want to buy a cat in a bag and you never know if running from a wolf you won't end up meeting a bear...

I keep wondering about the ways we evolve. If we willingly or unwillingly won't change, won't grow, won't dream and won't wake up within those dreams. Something that one calls a catastrophe, a scientist calls a butterfly. Every transformation apart from fabulous possibilities also brings pain. People say that we grow through pain.

Since we are kids we are told fairy tales. Fairy tales that always entail a challenge, a change, a transformation. Don't we learn from those fairy tales? Do we always remain those children that would rather sit amongst fluffy pillows and won't go discovering new things, new selves? Commonly those situations come dressed up as little challenges since our early days - kindergarten, school, homework..... But do we really learn to be aware of constant change?... To be honest, I don't think so...

I think that the only way to remain the same is, paradoxically, through constant change. Of course, everything has its own price. I guess even a snake while shedding its skin, doesn't feel very comfortable.

And changes come dressed up in different fur. They say that it is difficult to see a picture while you are within the frame. Therefore I keep on talking of our ability to learn to step out of the frame. We paint ourselves with a thought and a hope that everyone will look at us and will enjoy the subtle colours, and sometimes we do really forget it ourselves and enjoy the same things. And, of course, never forget that in changing our attitude to life we somehow change life itself.

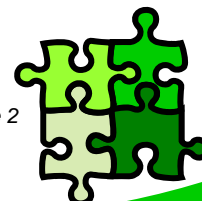
I wish you creativity!

By Evelina Kvartunaite

Continued on page 2 →

Page 1

→ Continued on page 2



→ Continued from page 1

Please inform Sofie Havn Poulsen Tel. 33 93 43 83 or [shp@foreningen-nydansker.dk](mailto:shp@foreningen-nydansker.dk) whether you are able to attend this course – registration is necessary!  
We hope to see many of you there!

### **June 9th @ 17:00** **International Salsa**

Every Wednesday, starting June 9th at 17:00 in the SDU's Fredagsbaren. Gil, our salsa instructor, together with the International Club invites all of you to join the "salsa floor" to experience the positive energy from salsa music, the movement and natural balance. Please sign up for this activity by sending an email to [sgg@sdu.dk](mailto:sgg@sdu.dk). More info later on...

### **June 10th @ 12:00** **International mums meeting at Café Biografen**

Being pregnant or having given birth is surely one of the most meaningful periods of your life. It is a period when being cared for and supported is necessary for you and your baby. It is important for you to share your experiences, expectations, doubts and feelings. Therefore your pregnancy story can be a contribution to other "mummies" in similar circumstances. We meet at **Café Biografen** (Brandts Passage 39-41, 5000 Odense C). If interested, please send an email to: [sgg@sdu.dk](mailto:sgg@sdu.dk)

### **June 12th @ 12:00** **Bonfire on the beach**

Barbecue, music, a wonderful sunset on the beach and good company will be part of this activity. It is impossible not to participate. More information later on.

### **June 23rd** **Skt. Hans day**

Being in Denmark around the 23rd of June will enable you to experience the bonfires in celebration of midsummer. This particular tradition offers insight into the Danish culture of cosiness.

You should not miss out on an enjoyable and fundamental Danish tradition. This is the evening when Danes celebrate what has come to be known as "Sankt Hans aften", which can be translated as the evening before the day of Saint John the Baptist.

We will meet to experience it together at the celebration in town.

### **June 26th @ 10:00** **Bus excursion to Egeskov, Bøjden and Horne Kirke**

You will receive information about this activity later on, but please mark your calendar now. You must not miss this!

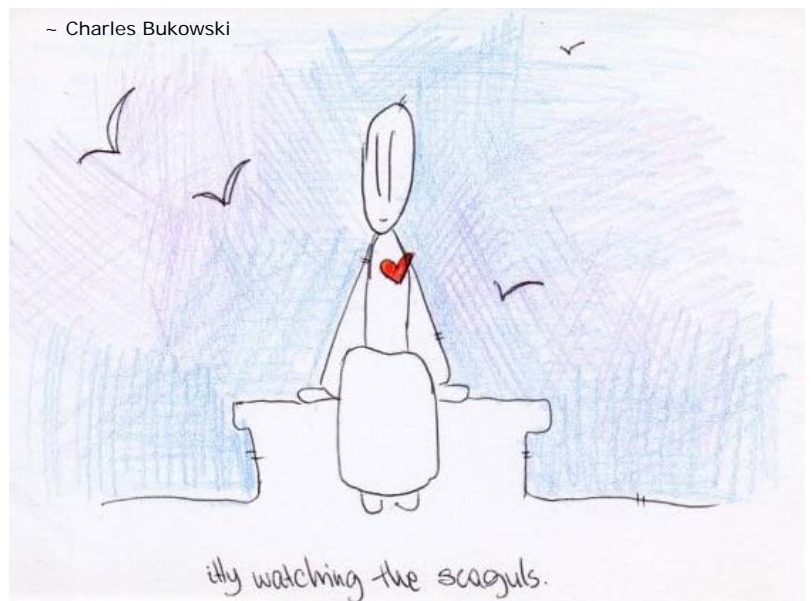
If the doors of perception were  
cleansed,  
everything would appear as it is -  
infinite.

~ W. Blake



your life is your life  
don't let it be clubbed into dank  
submission. be on the watch.  
there are ways out.  
there is a light somewhere.  
it may not be much light but  
it beats the darkness.  
be on the watch.  
the gods will offer you chances. know  
them.  
take them.  
you can't beat death but  
you can beat death in life, sometimes.  
and the more often you learn to do it,  
the more light there will be.  
your life is your life.  
know it while you have it.  
you are marvelous  
the gods wait to delight  
in you.

~ Charles Bukowski



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