

# **SDU International Club**

## OFFICIAL NEWSLETTER

No.34 - April 2010



### "Happiness does not lie in happiness, but in the achievement of it. "

(F. Dostoevsky, Russian writer, 1821-1881)

### April 7th @ 19.00 Stammtisch

"La Piazza Ristorante" welcomes
The International Club for another
gathering together.
You will find a real warm and
international table.

### April 8<sup>th</sup> @ 13.30-16:00 Course on Professional Network Building

Fynsk Erhverv,
Albani Torv 4, 5100 Odense C.
On arrival ask for the exact
location at reception.
The course will be taught by
Hanne Fuglbjerg, Change
management consultant in Freja
Ejendomme and Lotte Holck,
Senior consultant in Foreningen
Nydansker.

→ Course agenda
→ continues on page 2





April newsletter's Spotlight Project welcomes Ms Lena Bjørn who is an actress, a storyteller and a consultant. She works with storytelling in organizations – in many different ways. She worked for 14 years with Dacapo Theatre, a consultancy which has theatre as their core

working method. A year ago, Lena founded her own company "Story Works" where she uses storytelling as her core working method.

Here is what Lena tells us about her work:

"I am engaged in using storytelling for many purposes, one of which is to create relationships. We all tell stories as a natural activity when we want to get to know other people. If you want to build relationships in a team, a department or a group of people you can speed up the process by using storytelling. I create the space and set the frame for a storytelling process that will build or strengthen relationships between people.

Many Danish workplaces with a large number of highly educated foreign employees complain that these employees quit their jobs after a few years. There are probably a number of reasons for that, but the main reason seems to be that the expats have difficulties integrating into Danish society, in the sense of building up a Danish network and making friends. After a few years, life in Denmark gets too lonely, they give up and go back home or they move to another country.

There is a saying that the smile is the shortest distance between two people, and I say that the story is the next shortest. I believe – and it is my experience - that one ver simple but very efficient way of creating real meetings between people, is to let them tell stories."

Mobile: 22 90 63 59 E-mail: mail@lenabjorn.dk

How does Spotlight work?

You just email us at <a href="icnewsletter\_odense@yahoo.com">icnewsletter\_odense@yahoo.com</a> a name and contact details of a person in mind and explain why you think he or she is worth the spotlight. Simple as that!



#### →Continued from page 1

#### Course agenda:

- Introduction: Professional Network building and how to make use of your Network e.g. in relation to job-seeking.
- Network strategy in theory and practice; the personal example of how to create your own job by using a network strategy.
- Short break
- Workshop where the participants in groups of 5-6 people discuss strategies for how to expand your network with the "right" connections.
- Short break
- Some of the groups present their ideas and a SWOT-analysis of the ideas' potential will be performed.
- The meeting ends with tips on where to find help and information in relation to professional network building.

Please inform Sofie Havn Poulsen Tel. 33 93 43 83 or <a href="mailto:shp@foreningen-">shp@foreningen-</a>

nydansker.dk if you want to attend this course – registration is necessary!

# April 16th @18.00 Talents Night at the International Club

If you play a musical instrument, enjoy dancing or have any other talent to express, then you have the chance tonight! Come and share it with us in this unique night of talents.

All IC members are welcome to participate. If you do not have any artistic talent, do not feel excluded, please join us anyway. Everyone please bring a dish to share for 4 people and be part of this activity where fun and amusement will be the aim of the night.

More details later on.

# April 23<sup>rd</sup> @ 18.00 An invitation for a Story night

Would you like to spend some hours in the company of Danish colleagues telling stories? It can be stories from where you grew up, stories from your former work life, stories of how you first met Denmark and the Danes.

The process will be guided, it's not difficult, and it's actually rather nice and fun.

You can tell us a story or enjoy listening to other people's. Come and get pleasure from this fantastic experience.

# Hymn to Isis

Because I am the first and the last I am the venerated and the scorned I am the whore and the saint I am the wife and the virgin I am the mother and the daughter I am the arms of my mother I am the sterile one, and my children are many I am the well-wed and the spinster I am the one who gave the light and the one who never gave birth I am the wife and the husband And it was my man who bore me in his belly I am the mother of my father

I am the mother of my father
I am the sister of my husband
And he is my rejected son
Respect me always
Because I am the scandalous and
the discreet.

~ 3rd or 4th century BC, discovered in Nag Hammadi



## **Meet Itty**

It's a wonderful day to meet Itty.
Itty is.

And if everything you do is be, it leaves you a lot of time to observe ants, watch clouds, listen to birds, or let your heart grow.

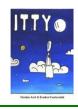
If everything you do is be you will

If everything you do is be you will always have enough time.

Like you and me, Itty has a heart.
His heart beats.
Itty likes that about his heart.
His heart also does a lot of other things for him.

Check out Itty's book, website or follow him on Facebook!

www.ittyworld.weebly.com



#### **Announcement**

that might be interesting for you: FLAT FOR RENT IN ODENSE C

Two-room apartment (55 square meters) in Dronningensgade. High ceilings, big windows, and lots of light. Rent approx. 5000 Dkk. Available from April 1st. If you are interested give us a call (26351894 or 26841977)

Contact us
For further information e-mail:
icnewsletter\_odense@yahoo.com

